

ALPENA HIGH SCHOOL

2018 GIRLS BASKETBALL CAMP

Monday, June 18 - Thursday, June 21
At Alpena High School

Session 1:

- 8:00 - 11:00
- Girls entering into 2nd - 6th grades

Focus:

- Basketball Fundamentals
- Form shooting
- Passing
- Ball Handling
- Basic Offense
- Basic Defense

Session 2:

- 1:30 - 4:30
- Girls entering into 7th - 12th grades

Focus:

- Form shooting
- Passing
- Ball Handling
- Offense Principles
- Defense Principles
- Position Instruction
- Speed and Agility
- 1 on 1, 3 on 3, 5 on 5 opportunities



Cost: \$60 per Player

- \$30 for each additional family member
- Cost includes a t-shirt
- Checks can be made out to the **Girls Rebound Club**

**Please drop off or mail registration and payment to
TBJH or AHS Athletic Office: CO Erin Andrews**

Questions? Contact one of the following coaches:

Erin Andrews: andrewse@alpenapublicschools.com or 358-5497

Rick Voltz: voltzr@alpenaschools.com or 358-5496

Laura Dubey: dubeyl@alpenaschools.com

NOT an APS SPONSORED EVENT

ALPENA HIGH SCHOOL GIRLS BASKETBALL CAMP 2018

Registration Form

Name: _____

Address: _____

Parent Phone:(home)_____ (work/cell)_____

Parent Email: _____

IF 9th-12th Grade: Student Cell #: _____

School Grade Level for 2018-2019: _____

Shirt Size (adult sizes)

S M L XL

My child has my permission to participate in the basketball camp. My daughter has _____ pre-existing medical condition(s) and is in _____ health. I do not hold Alpena High School, its staff, or facilities liable for any injury incurred during this camp, and participation is totally at my daughter's own risk.

Parent/Guardian Signature: _____

Payment Method (please circle): CASH or CHECK

Please make checks payable to: **Girls Rebound Club**
Memo: Girls Basketball Camp